



# GKR KARATE

KARATE FOR EVERYONE

## ***KARATE CLASSES HELD AT EASTWOOD HEIGHTS PS***

***FOR KIDS, ADULTS & FAMILIES***

***CLASSES RUN DURING SCHOOL TERM  
AND SCHOOL HOLIDAYS***

**CONFIDENCE, FOCUS, FITNESS, AND FUN!**

**GIVE YOUR KIDS THE KICKSTART THEY NEED WITH KARATE**



**FOR ENQUIRIES CONTACT**

**PH: 0432 298 799**

**FOR OTHER TRAINING LOCATIONS,  
SCAN OR GO TO**

**[WWW.GKRKARATE.COM](http://WWW.GKRKARATE.COM)**

